## **Grieving?**

Know someone who is?

St. Stephens Bapt. Church

12300 Amherst Dr., Austin, Texas

Sunday, November 17, 2019 (1-3pm)

Rev. Dr. B.J. McQueen, Pastor



When you are grieving a loved one's death, the holiday season can be especially painful. Our *Surviving the Holidays* seminar helps participants discover:

- How to deal with emotions
- What to do about traditions
- Helpful tips for surviving social events
  - How to find hope for the future

## SURVIVING HOLIDAYS

Please join us for this encouraging seminar.



www.griefshare.org/holidays

Call 512-704-2003

Seretha Manor Carter, Facilitator